

Six Nations Under 20 Championships

| | Champions | Runners-up | Third place |
|---|-----------|------------|-------------|
| Five Nations Under 21 Championship | | | |
| 1998, Feb 06 - Apr 03 | ENG | FRA | IRL |
| 1999, Feb 05 - Apr 09 | WAL | IRL | FRA |
| Six Nations Under 21 Championship | | | |
| 2000, Feb 04 - Apr 01 | FRA | WAL | IRL |
| 2001, Feb 02 - Apr 07 ¹ | FRA | ENG | SCO |
| 2002, Feb 01 - Apr 06 | FRA | WAL | ENG |
| 2003, Feb 14 - Mar 28 | WAL | IRL | ENG |
| 2004, Feb 13 - Mar 26 | ENG | FRA | IRL |
| 2005, Feb 04 - Mar 18 | WAL | FRA | SCO |
| 2006, Feb 03 - Mar 17 | ENG | FRA | WAL |
| 2007, Feb 02 - Mar 16 | IRL | FRA | ENG |
| Six Nations Under 20 Championship | | | |
| 2008, Feb 01 - Mar 14 | ENG | WAL | FRA |
| 2009, Feb 06 - Mar 20 | FRA | IRL | ENG |
| 2010, Feb 05 - Mar 21 | IRL | ENG | WAL |
| 2011, Feb 04 - Mar 18 | ENG | FRA | WAL |
| 2012, Feb 03 - Mar 16 | ENG | FRA | IRL |
| 2013, Feb 13 - Mar 17 | ENG | WAL | IRL |
| 2014, Jan 31 - Mar 14 | FRA | ENG | WAL |
| 2015, Feb 06 - Mar 20 | ENG | FRA | SCO |
| 2016, Feb 05 - Mar 18 | WAL | FRA | IRL |
| 2017, Feb 03 - Mar 17 | ENG | FRA | WAL |
| 2018, Feb 02 - Mar 16 | FRA | ENG | IRL |
| 2019, Feb 01 - Mar 15 | IRL | FRA | ENG |
| 2020, Jan 31 - Mar 15 ² | IRL | SCO | FRA |
| 2021, Jun 19 - Jul 13 ³ | ENG | FRA | IRL |
| 2022, Feb 04 - Mar 20 | IRL | FRA | ENG |
| 2023, Feb 03 - Mar 20 | IRL | FRA | ITA |
| 2024, Feb 02 - Mar 15 | ENG | IRL | FRA |
| 2025, Jan 30 - Mar 14 | FRA | ENG | WAL |

¹ The tournament was affected by an outbreak of the highly infectious livestock disease foot and mouth in Great Britain. As a consequence, there were restrictions on travel and Ireland's three fixtures against the home nations were cancelled and no winners were declared.

² The last match was played on Mar 13 before the competition was suspended due to the COVID-19 pandemic and finally cancelled on Aug 05. No winners were awarded.

³ The complete tournament was played in Cardiff WAL due to the COVID-19 pandemic.